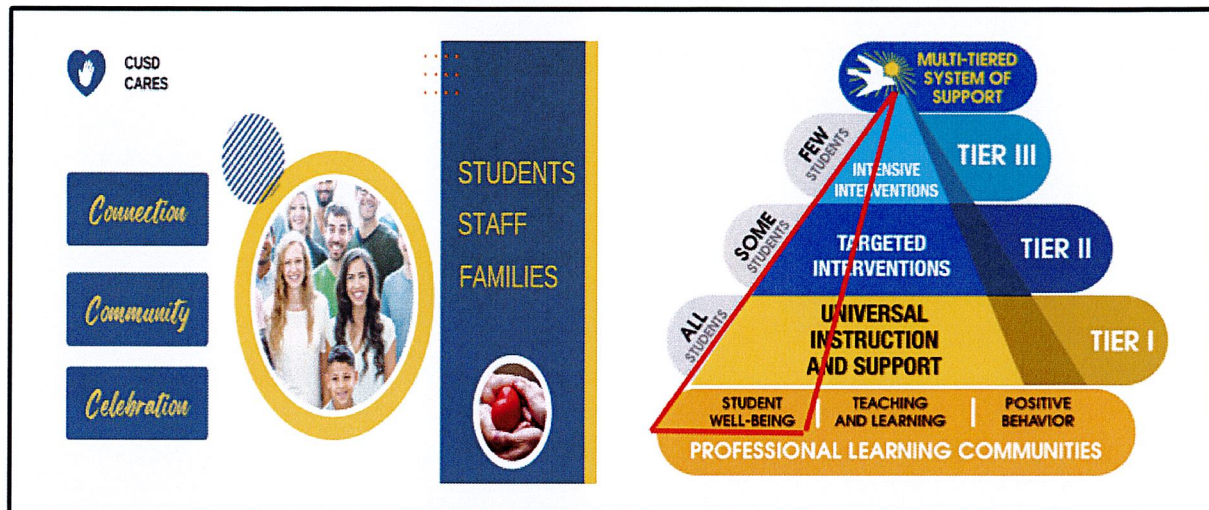


CUSD CARES Tijeras Creek



Multi-tiered System of Support (MTSS): Well-Being

Purpose

Tier 1 - Universal (All Students): *Schoolwide focus on student connectedness, community, and celebration through integration of key “Well-Being” practices:*

- Daily classroom mindfulness moments
- “Be a Friend” kindness campaign
 - Be A Buddy Week
- “You Belong Here” attendance campaign
- “Red Ribbon Week”-Make Healthy Choices
- Week of Giving kindness campaign
- Positive Behavior Support Tier 1 Strategies and Interventions
- Tijeras Creek ES examples:
 - Greeting students as they enter school and knowing their “name, face, and story”
 - Intentional welcome for all new students and staff
 - Staff and students participate in spirit activities and other school events
 - Morning Meetings
 - School theme of “Smile Boldly” to all - practice including random act of kindness
 - Friday Blacktop Assemblies that highlight positive behavior
 - Community Service- food drives, clothing support, supporting our military care packages.
 - Attendance recognition- brag tags, incentives, monthly prizes.
 - **Gratitude Project**
 - Gratitude Survey
 - Students morning meetings that transfers to the rest of the day
 - Sign/Recorded about student grateful/gratitude moments (Newscast with ASB)
 - Linked to website and social media
 - PBIS, academic, and extracurricular student recognitions
 - PBIS- PBIS rotations, PBIS Video, PBIS PAWS-itive tickets, PBIS Weekly recognition, PBIS Trading post and Tiger’s Den
- Counselor support through Second Step and Cultural Proficiency Lessons

CUSD Tijeras Creek

Multi-tiered System of Support (MTSS): Well-Being

Tier 2 - Targeted (Some Students): *Targeted support for students who are at risk of developing more significant challenges*

- **Staff Mentor**
- **Sensory Room**
- Targeted group counseling (Counselors & Intervention Specialists)
- Referral to counselor
- Restorative Practices
- Positive Behavior Support Tier 2 strategies and interventions
- Re-teacher opportunities for Tier 2 students for behavior expectations.
- Tijeras Creek ES examples:
 - *Daily check-ins with mentor*
 - *Group discussions (Counselor)*
 - *Student-Family-Site collaboration*
 - *Identified Tier 2 students participate in Mindfulness Moments*
 - *Reteaching of behavior expectations based similar needs in a small group (administration)*

Tier 3 - Intensive: *Individual and intentional support for students not responding to the Tier 2 supports by providing comprehensive planning and services*

- **Individual 1:1 Counseling**
- **District Support Team (counselors, psychologists, High School Family Lead Administrators, and District Staff)**
- County and outside mental health referral (with parent consent)
- Partnership with family, health provider, and school site team
- Tijeras Creek ES examples:
 - *Frequent, calendared Individual meetings with mentor, counselor, or administrator*
 - *Home visits*
 - *Individual discussions (Counselor)*
 - *Student-Family-Site-District collaboration*
 - *Behavior Support on campus for specific students as needed*
 - *Individual counseling for students through district as designated by Family Support (Tesoro-Family)*